

St Luke with St Mark Winchester



**Parish Magazine
August 2021**



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6th August: The Transfiguration of Jesus

It's an unusual story. One day, Jesus is with three disciples on a high mountain in Galilee, when His appearance dramatically changes. Also, Moses and Elijah suddenly appear, and from a cloud comes the voice of God. What is this all about?

This event was witnessed by James, Peter, and John. They were close friends of Jesus. In the future, they were to become prominent leaders in the Early Church. They needed to see something special that would help them remember Jesus in the difficult years ahead. They had a glimpse of Christ in His divine glory. His face shone like the sun and His clothes turned white as light.

While this was an extraordinary sight for the disciples, it served to encourage Jesus who once had glory and majesty in Heaven. One day He would have it again. But firstly, He had to fulfil His mission: to suffer on the cross and die.

Why were Moses and Elijah standing with Jesus? Moses was the giver of the Law and Elijah represented all the prophets. They had pointed people to the promised Messiah. Jesus was about to complete God's plan of salvation.

God's voice was heard to remind Peter there was no need to build shelters. They were not going to stay on the mountain. God spoke to get the disciples to fix their attention of Jesus. The wonder of the Transfiguration was a short interlude before Jesus had to return to His work and subsequent death on the cross.

This story is a reminder that our times of spiritual blessing have to be followed by down-to-earth commitments and responsibilities. In the same way that Jesus gave His friends a glimpse of His awesome glory, to help them face challenging and traumatic times ahead, our special times in His presence are provided to encourage us and equip us for the trials we may have to face.

Our journey through life may sometimes rise to the peaks but we can't stay on a 'high' all the time – no matter how much we want it! We have to descend to face everyday challenges if we are to fulfil our calling in Christ. From *our* mountain-top experiences we all need to find a balance between times alone with God and serving Him in the company of others.

From Parish Pump – August 2021

Editor: *By Lester Amann*

Who first?

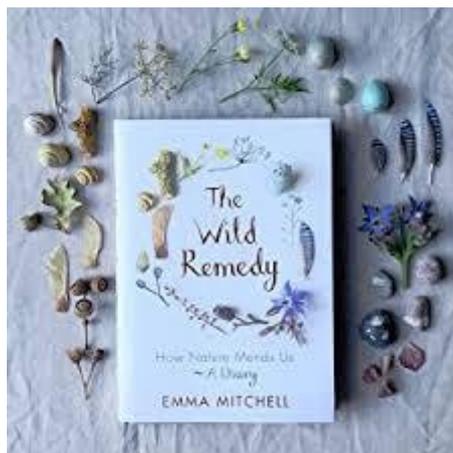
While flying home, my mother was sitting across the aisle from a woman and her eight-year-old son. Mum couldn't help laughing as they neared their destination and she heard the mother say to the boy, "Now remember – run to Dad first, then the dog."

Break Free!

“One touch of nature makes the whole world kin”- William Shakespeare.



How can you feel part of something in a world of social distancing?



Emma Mitchell's bestselling book 'The Wild Remedy' has been for many a source of inspiration throughout the restrictions and fear of the pandemic. It offers a means to thrive not just for people struggling with their mental health but for all. In the course of a year, she recorded her nature finds and shows how being in the wild benefits mental and physical wellbeing.

Emma has suffered with depression - or as she calls it, 'the grey slug' - for twenty-five years. Walking in the countryside around her new home in Cambridgeshire she began to collect, record, photograph and draw her finds. Here's her advice to all of us who may find ourselves in need of some green in our lives.

“Walk; walk or wheel yourself outside if you can; seek out green, where furred or feathered things might be, even in your back garden. It really will help.”
- Emma Mitchell.

If Emma set a precedence in showing nature's mandate to mend us in 'The Wild Remedy', 16-year-old Dara McAnulty opens to a new audience in 'Diary of a Young Naturalist'. His words open a door to the soul and shine a bright light, magnifying every sensory experience that is part and parcel of growing up with autism. Through his writing we gain a bugs-eye view of our world.

What neither writer asserts - because it's for us to decide, is that at the cusp of earth-shattering change, their stories and others like them, do more than nourish our sense of the rhythms of life. They can take us direct to the cradle of mankind.

Break Free!

I think it's important not to deny we are spiritual beings and if 'nature is our first teacher' (William Wordsworth) it invites us to plumb its depths for meaning.

It is against this backdrop I wanted to start a Christian initiative to tap into the creative inspiration within our local community.

I make no assumptions about people's beliefs, faith, no faith, or particular starting point - I trust you will find it inclusive and for all. To this end I have created a personal blog from August called Break Free! It includes month by month events, activities and ideas for small acts of kindness for people living locally or further afield.

Intended for anyone who feels drawn to nature I hope it will help us connect as individuals, families and neighbours and increase a sense of belonging and wellbeing.

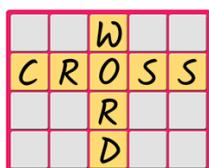
To learn more go to Break Free! @ www.thegreatbigoutdoors.com

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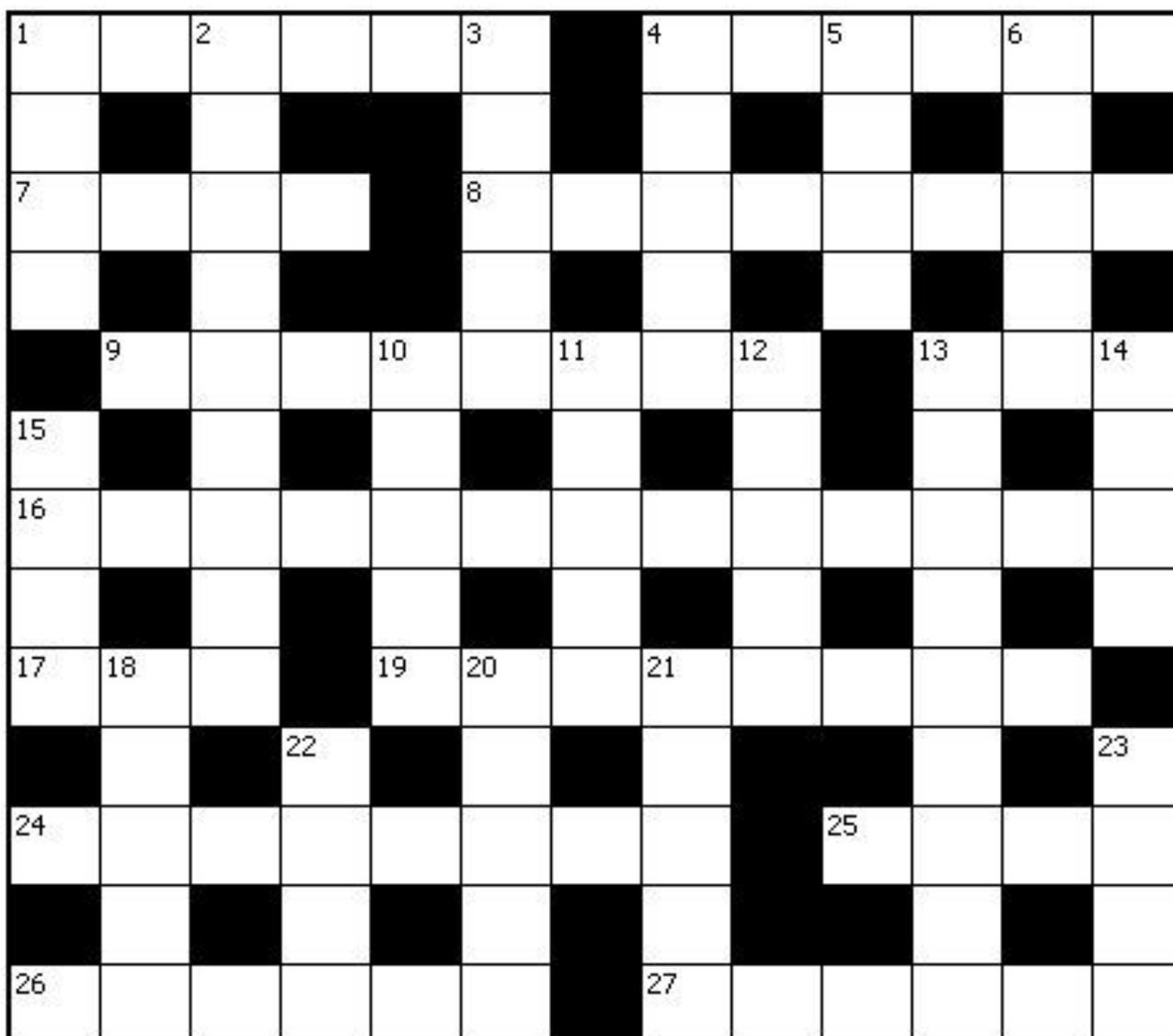
Elizabeth Foulds

MAGAZINE DATES for 2021

Magazine Issue	Submission Date	Magazine Issue	Submission Date
September 2021	22 nd August	November 2021	17 th October
October 2021	19 th September	December 2021/Jan 2022	21 st November



August 2021

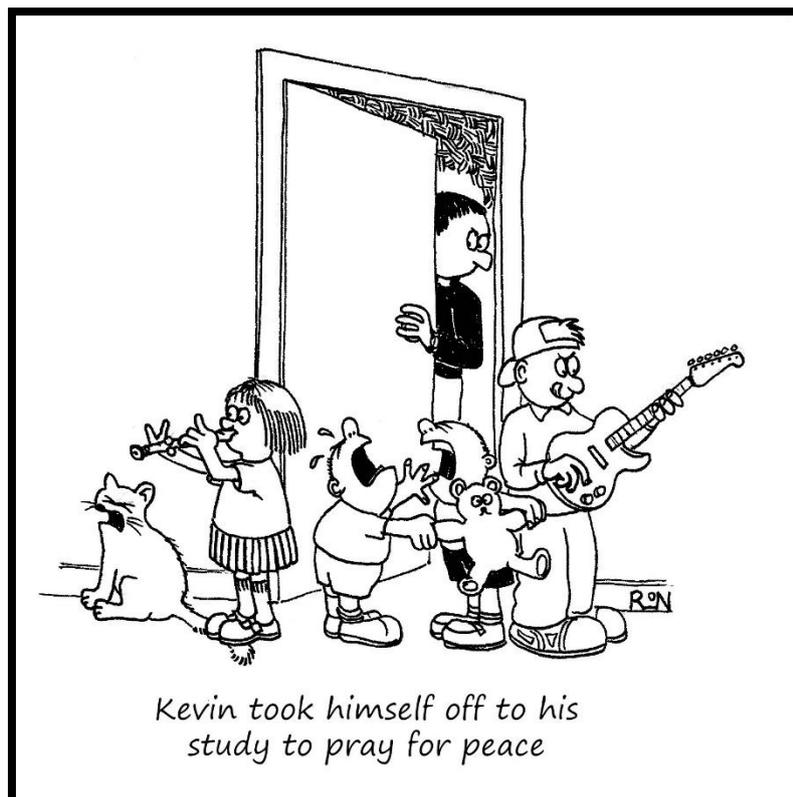


Across

- 1 Of Moses (6)
- 4 'You have been weighed on the — and found wanting' (Daniel 5:27) (6)
- 7 Where Jesus performed the first of his miraculous signs (John 2:11) (4)
- 8 Roman emperor who ordered all the Jews to leave Rome (Acts 18:2) (8)
- 9 Member of a conservative Jewish party in the Sanhedrin which believed there was no resurrection (Acts 23:8) (8)
- 13 South London Mission (1,1,1)
- 16 Sure of one's own ability (2 Corinthians 11:17) (4-9)
- 17 'At this the man's face fell. He went away — , because he had great wealth' (Mark 10:22) (3)
- 19 Airs used (anag.) (8)
- 24 'The Lord is my — , I shall not be in want' (Psalm 23:1) (8)
- 25 'He has sent me to — up the broken-hearted' (Isaiah 61:1) (4)
- 26 At or towards the rear of a ship (6)
- 27 Cross-carrying evangelist and world traveller, — Blessitt (6)

Down

- 1 Ridicule (Luke 18:32) (4)
- 2 Encased in strapped-on light shoes (Song of Songs 7:1) (9)
- 3 Cambridge Inter-Collegiate Christian Union (1,1,1,1,1)
- 4 'Father, give me my — of your estate' (Luke 15:12) (5)
- 5 Assistant (4)
- 6 On a par (John 5:18) (5)
- 10 Credo (anag.) (5)
- 11 Beaten with a rod (5)
- 12 The fourth of Job's 'comforters', who deferred making his contribution because of his junior status (Job 32:6) (5)
- 13 Chosen as a temple attendant, he was described by Ezra as 'a capable man' (Ezra 8:18) (9)
- 14 'Do not store up for yourselves treasures on earth, where — and rust destroy' (Matthew 6:19) (4)
- 15 Employs (4)
- 18 Associated with penitence for sins, along with sackcloth (Matthew 11:21) (5)
- 20 Association of South-East Asian Nations (1,1,1,1,1)
- 21 Sub-continent to which Baptist missionary pioneer William Carey devoted his life (5)
- 22 Recess at east end of a church (4)
- 23 One of the nine sons of Beriah (1 Chronicles 8:15) (4)



More on our Twinned Toilets!

It was reported in the July Magazine that we had successfully raised sufficient to twin both our handsome new toilets at St Mark's with toilets in the developing world. In two weeks, we raised £235 at the 8.00 and 10.30 services; the minimum charge was £60 a toilet, so we were able to give an additional gift of £115 to this excellent charity.

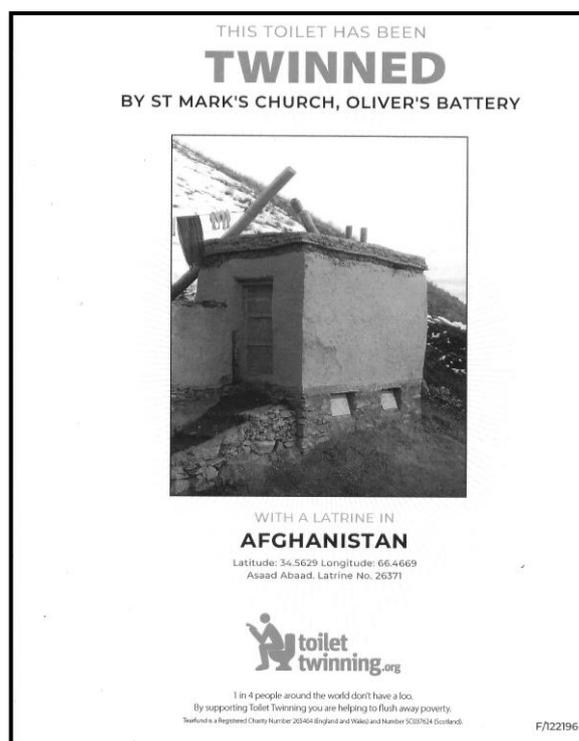
Here are the details:

Latrine number 55046 at Kuringafa, Nigeria, lat. 11.68409, long. 7.54267.

Latrine number 26371 at Asand Aband, Afghanistan, lat. 34.5629, long. 66.4669.

Have a look at the certificates when you are next in St Mark's! And without concerning ourselves too much with the latitude and longitude, let's remember the people of these two troubled countries in our prayers, with gratitude that we have been able to help in this small way.

If you are interested in twinning your own or a friend's toilet, contact info@toilettwinning.org or phone 0300 321 3217





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Steve Brine MP

Member of Parliament for Winchester



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Butterflies Friendship Support Service

For the past 18 months, Butterflies has been working tirelessly in the Parish to support the lonely, bereaved and isolated. As a local registered charity - the essential support throughout the pandemic has made a difference to lives of people of all ages in Stanmore, Oliver's Battery and Badger Farm with phone calls and visits.

As an extension of the service, Butterflies are holding bereavement and friendship group sessions on the 1st and 3rd Wednesday afternoons, from September in Stanmore, and are looking for volunteers to welcome people and sit down and chat with them.

There is also another group which meets every Wednesday at Hillier's in Romsey Road at 2pm.

If anyone is interested, please email info@butterfliesfriendship.com and either Bethan or Suzanne will be in touch with you.



Mark Burrows-Gibson

Laugh

This morning I saw a neighbour talking to her cat and you could tell she thought the cat understood every word. I came back home and told my dog. We got a big laugh out of that.

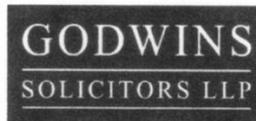
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The Good Samaritan in Stanmore

A man was going from Thurmond Road to town via the Valley, when he was brutally attacked and mugged; they took his phone, his wallet - even the clothes from his back. They gave him a beating, left him half dead and went on their way.

A priest happened to be walking the same way, heading in to town, to the cathedral to take an important service. He probably wanted to have a look at the new housing development on the way! When he noticed the man, he looked at his watch, his freshly ironed shirt and decided he didn't have time to stop. He was quite afraid of being beaten up himself and besides, he couldn't get his clothes dirty - what would people think if he turned up covered in blood and how would his wife get those stains out! He said a quick prayer from a distance and rushed on by.

A curate was also on his way to the cathedral, he saw the man, also thought he better not ruin his clothes, he was already under the watchful eye of his priest, he dared not ruin his clothes and give him something else to complain about, so, he also carried on his journey.

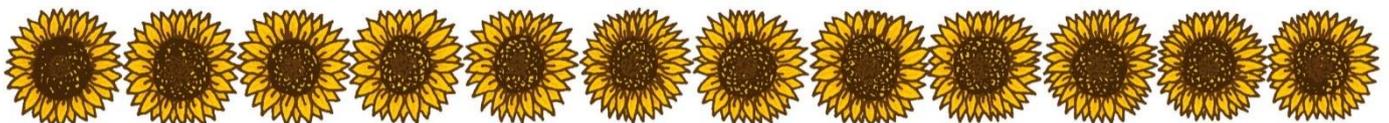
A local gang member, whose gang was known for stealing, drug dealing and GBH, was driving down the hill, he noticed the man, felt sorry for him and jumped out the car, and wondered what he could do to help. He rummaged through the car and found a first aid kit, poured some TCP on his wounds and bandaged them up. He helped him into the car and took him to the B&B in St Cross. The next day he went back to the B&B, handed over £200 to the owner. He asked her to look after the man and when he came back, he would pay any extra.

Which of these three do you think was a neighbour to the man who was attacked and mugged?

The one ... the unlikely one, who had mercy and compassion on him.

We all need to go and do likewise...

Jasmine Bayley (luke@10 service 09.07.2021)



Can we help Christians in Uganda?

Deanery Synod Update

When we were asked to represent the parish on the Winchester Deanery Synod, we both had certain reservations about how interesting we were going to find it! As it turns out we are both finding that we have learned a lot, and we hope to be able to share at least some of this with others, as that is what representing is all about. The Synod meets three times a year, and we have so far covered three meetings, one flesh and blood one and two on-line. Good old Zoom – and in some ways these were the best, as we were divided into groups for discussion, particularly about how our parishes had coped during lock-down, what we had done differently and what we had learned. We do receive summaries after the meeting (put together by our own Hilary Healey), and if anyone would like more information, please let one of us know and we will forward the summary to you.

What we most want to share with you today is a presentation at the most recent meeting by Brian Wakelin of Christ Church about a long-standing link between the Deanery and the Diocese of Muhabura in Uganda. The link has been active for 11 years. The Deanery has been able to help with the financing of particular projects, and there have been occasional visits by clergy, schoolchildren and university students, the University of Winchester, for example, sponsoring girls through secondary education. And Bishop Cranmer and his wife, encouragingly named Mama Hope, have made several visits to our Deanery, including two to St Luke's in 2016 and 2018! Neither of us was at St Luke's at the time but plenty of others have memories which it would be great to share. And how lovely to have this photograph of our distinguished guests with Mike and Kate!

Muhabura is a rural diocese made up of 167 parishes. Priests have oversight of several parishes, each with a local leader to take services and to act as a pastoral contact. In 65 of the parishes the lay leader is untrained. Bishop Cranmer wants to make this a priority and has set a target of training 50 lay leaders over the next two years. The part-time training takes two years and costs £560. He has invited our Deanery to help with these costs.

We felt, and the PCC agreed, that this was something the parish would want to support. We all I think feel increasingly uneasy at the unfair division of resources between us and the developing world, including access to vaccines, and the way they suffer more than us from the effects of climate change. And how grateful we are for our clergy, and our Readers and others, for their teaching and support. Helping to train their Readers seems a good way of giving thanks for (and to) Mary and Margaret, and the many Readers from whom we have benefited in the past. Some of you will have heard Brian Wakelin talking about this project at St Luke's recently.

It may be possible to allocate a small sum from our Mission Giving budget, but we are all aware of the financial commitments of our parish at present, so our aim will be to raise this sum through fundraising within the parish, over the period between now and Christmas. We have got some ideas but hope you will come up with others – and certainly we would expect to include a straightforward appeal for funds for such a worthwhile project. So, save your pennies and watch this space!

Rosemary Dunhill, rcdunhill@gmail.com

Barry Trewinnard, barry@doctors.org.uk



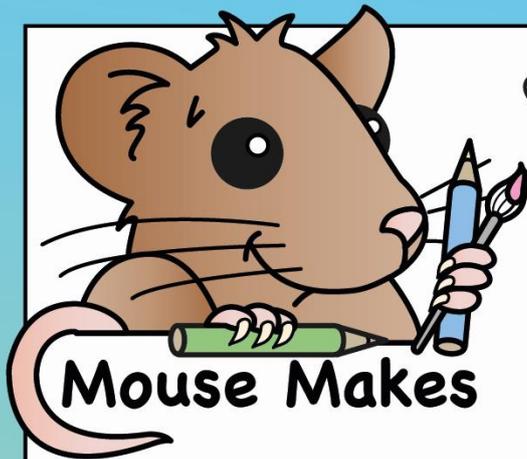
18 Ashes; 20 ASEAN; 21 India; 22 Ape; 23 Eder
 1 Mock; 2 Sandalled; 3 CICC; 4 Share; 5 Aide; 6 Equal; 10 Décor; 11 Canned; 12 Elihu; 13 Sherebiah; 14 Moth; 15 Uses;

DOWN

1 Mosaic; 4 Scales; 7 Cana; 8 Claudius; 9 Saddle; 13 SLM; 16 Self-confident; 17 Sad; 19 Radishes; 24 Shepherd;
 25 Bind; 26 Aster; 27 Arthur

ACROSS

Crossword Solution



Mouse Makes

IN THE BEGINNING ...



What did God create in the beginning?

___ _ _ V ___ _ _
and ___ _ _ _ H



What was the first thing God said on the first day?

"Let there be ___ G ___"



What did God separate on the second day to create heaven?

___ T ___

How many great lights did God create in the heavens?

___ _ _ _

What grew on the dry land?

___ _ _ N ___ _ and
___ _ _ E _ _



READ
Genesis
1:-31

What did God create to fly above the earth?

___ _ _ D _ _

What did God make after all the creatures?

___ A ___

Find the answers to the questions in the word search then find all these words too:



CREATION • ONE • DARK • DAY • NIGHT • EVENING • MORNING • SEA
VEGETATION • LAND • SEEDS • FRUIT • THREE • SEASONS • YEARS • FOUR
SKY • FISH • FIVE • CREATURES * CATTLE • ANIMALS • GROUND • HUMANS
WOMAN • FRUITFUL • MULTIPLY • FOOD • SIX • GOD • SAW • GOOD

